

## Zoom Singing Group

for wellbeing

Are you feeling  
alone, low or  
stressed?

Connect  
with others  
online,  
through  
singing and  
talking about  
songs

No past experience  
required

This group runs fortnightly  
and is free of charge



Relaxed  
environment  
to learn  
songs

Uplifting and  
energising

Calming

All welcome.  
We can help with  
zoom, if needed



**Mondays 11am-12pm on Zoom  
October-March 2021**

For full details and to book your  
place, contact Emma:

**07807397736**

[emma.weatherup@soundwell.org.uk](mailto:emma.weatherup@soundwell.org.uk)