

Are you based in Bristol or Bath? Do you care about mental health? Soundwell Music Therapy Trust is seeking trustees to support our work, helping even more people access Music Therapy.

## Trustee (volunteer)

Soundwell is the only specialist adult mental health music therapy charity in the UK. We use music to help people in the South-West whose lives are seriously affected by mental health issues. We also work with unpaid carers who are in need of support and respite.

Our team work to deliver a range of services, using music to explore creativity, communication and expression. This can rebuild hope and transform lives.

Alongside our existing services, we are increasing awareness about our work – making sure even more people can benefit from music therapy. The Trustees are looking for committed, motivated people to join the Board. Candidates must be able to attend an annual meeting in Bristol/Bath and quarterly meetings on Zoom, or occasionally in-person in Bristol/Bath.

All applications are welcome, but we are particularly interested to bring a greater diversity of voices to our work, and to hear from those who are well-connected in Bristol or Bath, particularly in musical communities.

We would also love to hear from you if you have skills in:

- Music
- Events

For further details about our work, please go to our website: www.soundwell.org.uk

To register an initial expression of interest, please send a copy of your CV together with a brief note about why you are interested in the role to director@soundwell.org.uk